

Frisco High School
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Conference Period:
4A and 4B



Welcome to the Frisco High School Dance Program!!! This packet includes everything you will need to know in order to be successful!

Course Description

Dance is an elective course open to all students at Frisco High School. This class will fulfill a fine arts credit. No previous dance experience is required for Dance I. Students who enroll in this course have VERY high expectations to be hard working, responsible, and have a willingness to try new things. There is a dress code of a Frisco Dance Shirt (to be ordered through Mrs. Moran), some form of black dance pants and jazz shoes and is to be enforced for all dancers at their own cost.

The purpose of this course is to give students of varying dance abilities and experience the opportunity to enrich their kinesthetic awareness by learning several genres of dance (ballet, jazz, hip-hop, modern, social and cultural dance) as well as learning the anatomy of the human body, basic fitness principles, the history of dance, dance terminology, choreography, and dance production. The highlight of the year is the Stars annual spring show April 24-25th where each dance class will be showcased with an individual routine. It will count as two test grades.

Goals and Objectives

In Dance, it is the goal that the students will learn basic through advanced steps from a variety of dance forms, improve their physical fitness, as well as gain an appreciation of dance, the performing arts as a whole, and how dance and its discipline and creative nature can enrich all areas of their life and learning.

Grades

A six weeks grade consists of the following:

20% Daily Dance Grade:

Preparedness for class which includes the following: dress out clothes, journal, homework, attitude, active participation, and willingness to try while participating in warm-up, floor progressions, exercise, and choreography. Dressing out for each class includes the following: Blue Frisco shirt, form of dance pants, jazz shoes, no gum, no excessive jewelry, and hair pulled back/up. Not dressing out for class will result in an automatic 50 for the day. You will still be required to participate in dance class. Not participating in class without a doctor's note or a signed parent's note will result in an automatic 0 for the day.

30% Quizzes/Class work/average of the 6 weeks daily participation and dress out

50% Tests:

Skills Tests
Written Tests
Performances

Classroom Rules

- Follow all instructions the FIRST time they are given.
- ALWAYS come to class PREPARED (i.e. dressed in the correct attire, hair up, no excessive jewelry, no food, no drink, no gum, dance folder, paper, and pen/pencil).
- Be courteous and respectful to the school, the teacher, your classmates, and yourself via words, actions and deeds by following the guidelines in the FISD and FHS Student Handbooks. Disrespectful actions will not be tolerated and will be addressed initially with a phone call to the offending student's parent/guardian. Subsequent offenses will result in dismissal from class so that the assistant principal can decide how to handle disciplinary action.
- Do not talk while I am talking or when another classmate is.

- Do not leave the room or your seat during class without permission, except in an emergency.
- No food in the classroom. If I see it, you will be asked to throw it away.
- BYOD is a privilege, not a right. FISD permits students to bring their own technology devices into the classroom for educational use at the teacher's discretion. I will let you know when electronics are allowed; otherwise they are to be put away and out of sight. Simply put, if I see a phone that's not supposed to be out, I take it. Refer to the FISD student handbook for more details.
- All belongings must be kept in the lockers or in the cubbies in the dance room- NOT ON THE FLOOR. please limit

Consequences

Verbal/Non-verbal warning (may include non- participation and writing assignments)
 Student-Teacher conference
 Parent contact
 Office Referral

Classroom Procedures

Dress out
 wait in lobby for everyone to finish dressing- (7 minutes after the tardy bell rings)
 walk over together- sit in warm up lines
 Assignment in Notebook (if applicable)
 Stretch/Warm-Up
 Dance Time/Class Time
 Cool Down
 Dress in

***Please note that on days where we do not dress out, you are expected to be in the dance room in your roll call lines when the tardy bell rings.**

Absence Policy

Students who are absent are responsible for making up any missed material. It is the students' responsibility to ask for any notes or handouts that were given while absent. Students will be required to turn in any previous homework upon their return to class. Students will also be required to take all announced tests or quizzes upon their return. IT IS YOUR RESPONSABILITY TO COMPLETE ALL ASSIGNMENTS.

Tardy Policy

Tardies are NOT acceptable. Students may lose privileges if they are consistently tardy and may be subject to administrative reprimands. **You can and will be considered tardy if you are not:**
 In the locker room before the tardy bell rings
 Not in the waiting zone 7 minutes after the dress out period
 Not in the dance area by the tardy bell if instructed not to dress out

Homework Policy

Late work will be accepted if the assignment is turned in by the next time that class meets. Late work will receive a 15 point deduction per school day from the grade earned. (Example: Student earned a 90 on assignment but turned in one school day late, grade recorded will be a 75. Student earned a 90 but turned in two school days late, grade recorded will be a 60.) Any assignment turned in beyond two school days late will receive a mark of zero.

Proper Attire

Students enrolled in this course will be required to follow a dress code consisting of a form of black dance/athletic pants, Blue Frisco shirt, and tan jazz shoes. Hair must be pulled away from the face at all times. Points will be deducted if the proper attire is not worn during class.

Places to purchase these items: Frisco shirt any local retailer or spirit organization, Sandy's Dance Wear Too, Academy, Discount Dance Supply (online), Target, etc.

Materials (other than attire)

Spiral Notebook or small Binder
 Pen and pencil
 Other materials may be required to complete projects (markers, poster board, magazines, etc.)

PLEASE KEEP THIS INFORMATION FOR FUTURE REFERENCE FOR YOU & YOUR PARENTS.